

FOOD AND GEAR FOR A DAY TRIP

NB: Leave a change of clothing in the vehicle for afterwards plus a plastic bag for your dirty boots.

Everybody should carry their own personal gear.

Clothing to be worn: Wool or polyprop top, shorts, socks (2 pr), boots & gaiters, wool or polar fleece jacket (cotton clothing, jeans & track pants aren't suitable).

Additional clothing: Longjohns, long sleeve wool or polyprop top, raincoat, overtrousers, hat, gloves.

Gear: Pack with plastic liner, torch, spare batteries, whistle, matches, toilet paper, personal first aid kit, map & compass, plastic bags.

Food: Full drink bottle, lunch, snacks & spare food.

Group gear: Shelter (tent fly or bivvy bag) & a cooker.

FOOD AND GEAR FOR A WEEKEND TRIP

In addition to the above:

Food: A normal trip includes 1 breakfast, 2 lunches, 1 dinner, snacks, and spare food.

Additional gear: Cup, plate, knife, spoon, candle, hut tickets.

Sleeping gear: Sleeping bag, liner, and mattress (closed-cell foam or inflatable).

Optional Extras:, GPS, cell phone, mountain radio.

In winter: Extra clothing, socks, sun-glasses, sunscreen, crampons, ice axe (check with leader).

GEAR FOR A DAY OR WEEKEND SKIING TRIP

Wool or polyprop longjohns and tops, wool jersey or fleece jacket, ski trousers & jacket or raincoat & overtrousers, socks, sunscreen, sun glasses or goggles, hat, mittens/over mittens or ski-gloves, ski helmet, boots, skis, snack food, day pack, water bottle. A change of clothes for the lodge, personal First Aid Kit and medications.

REMEMBER - at the lodge you will need a torch, pillowcase, and sleeping bag. The lodge is stocked with food – except for bread, milk, biscuits, snacks, and fresh fruit. Bring what you require for your stay.

Chains and shovel are essential for drivers.

OVERDUE TRIPS

Note to parents, relatives, or friends of members on club trips

Should a club party be late in returning, please do not worry unduly as there are probably good reasons for their delay. If you are in any doubt please phone one of the following contacts:

- The trip leader
- Chief Guide Ken Mercer ☎ 356-7497
- Minibus Ken Mercer ☎ 356-7497
- SAR advisers Hugh Wilde ☎ 356-9450 Peter Rawlins ☎ 356-7443

GENERAL TRIP INFORMATION

TRIP LEADERS

Organisers and leaders of club trips are asked to read and follow the Trip Leaders Guidelines located on the MTSC website: (http://www.mtsc.org.nz/guide-for-trip-leaders.pdf).

Intentions and participants contact information should be emailed to intentions@mtsc.org.nz. No action will be taken UNLESS a party is reported overdue (e.g. by a family member, flat-mate, friend, etc.) – see http://www.mtsc.org.nz/overdue-trips.php

An **overdue** party must, as soon as possible, telephone one of the overdue trip contacts listed above, who will access the intentions list and contact whoever is necessary to avoid unnecessary concern/action.

MANAWATU LODGE on Whakapapa Ski Field. Lodge bookings should be emailed to Liz and Hugh Wilde at lodge.bookings@mtsc.org.nz.

Payment must be made in advance by internet banking (please email first to confirm before depositing). Westpac account number 03 1521 022035300, or cash (in person) to 179 Cook Street, Palmerston North, 4410.

If for some reason you cannot email, please phone 06 356-9450 to confirm your booking. Remember that you do not have a booking until you have paid and received confirmation.

LODGE FEES*	Per Night	
	Members	Guests
Adults	\$ 36	\$ 51
Secondary school students	\$ 29	\$ 44
Primary school students	\$ 24	\$ 39
Pre-school (3-4 yrs)	\$ 11	\$ 11
Group rates on application *Prices subject to change		

MINIBUS

The club owns a 12-seat, long wheel-base Transit Van. This is available to approved drivers on club trips.



GEAR HIRE

Packs, billies, crampons, and ice axes etc. are available from the gear custodians: Peter Rawlins and Lynda Hunt ☎ 356-7443. Please phone between 7 p.m. and 9 p.m.

ANNUAL MEMBERSHIP SUBSCRIPTIONS

Adults \$35 Family \$50 Junior (under 20 yrs) \$20 (Posted newsletter subs are \$45, \$60, and \$30)



Ruahine Range North of Longview Hut
Ruahine Forest Park

Photo by Adam Match



MANAWATU

TRAMPING & SKIING CLUB

P.O. Box 245, Palmerston North

www.mtsc.org.nz

www.facebook.com/MTandSC

Summer Trip Card

November 2017 – April 2017

President	John Beech	06 354-9310
Secretary	Tim Swale	06 376-6556
Treasurer	Arthur Flint	06 356-7654
Membership Sec.	Sue Nicholson	06 357-6325
Newsletter Editor	Jean Garman	021 176-0209
Chief Guide	Ken Mercer	06 356-7497
Transit Van	Ken Mercer	06 356-7497
Social Convenor	Bob Hodgson	06 356-2915
Ski Captain	Howard Nicholson	06 357-6325
Gear Custodian	Peter Rawlins	06 356-7443
Lodge Manager	John Lyttle	027 433-6307
Lodge Bookings	Hugh & Liz Wilde	06 356-9450
MTSC Lodge	Whakapapa Ski Field	

General Committee	Mt Ruapehu	07 892-3860
	Bob Hodgson	06 356-2915
	Howard Nicholson	06 357-6325
	Karen Tutt	021 064-5918
	Linda Campbell	06 323-3836
	William Laing	06 358-4876
Web-Site Admin.	Howard Nicholson	06 357-6325

CLUB NIGHTS: 1st Tuesday of each month, Rose City Aquatic Club Rooms, 50 Park Road, PN (RHS of the pool entrance). 7:30 p.m. All welcome!

FOOD AND GEAR FOR A DAY TRIP

NB: Leave a change of clothing in the vehicle for afterwards plus a plastic bag for your dirty boots.

Everybody should carry their own personal gear.

Clothing to be worn: Wool or polyprop top, shorts, socks (2 pr), boots & gaiters, wool or polar fleece jacket (cotton clothing, jeans & track pants aren't suitable).

Additional clothing: Longjohns, long sleeve wool or polyprop top, raincoat, overtrousers, hat, gloves.

Gear: Pack with plastic liner, torch, spare batteries, whistle, matches, toilet paper, personal first aid kit, map & compass, plastic bags.

Food: Full drink bottle, lunch, snacks & spare food.

Group gear: Shelter (tent fly or bivvy bag) & a cooker.

FOOD AND GEAR FOR A WEEKEND TRIP

In addition to the above:

Food: A normal trip includes 1 breakfast, 2 lunches, 1 dinner, snacks, and spare food.

Additional gear: Cup, plate, knife, spoon, candle, hut tickets.

Sleeping gear: Sleeping bag, liner, and mattress (closed-cell foam or inflatable).

Optional Extras:, GPS, cell phone, mountain radio.

In winter: Extra clothing, socks, sun-glasses, sunscreen, crampons, ice axe (check with leader).

GEAR FOR A DAY OR WEEKEND SKIING TRIP

Wool or polyprop longjohns and tops, wool jersey or fleece jacket, ski trousers & jacket or raincoat & overtrousers, socks, sunscreen, sun glasses or goggles, hat, mittens/over mittens or ski-gloves, ski helmet, boots, skis, snack food, day pack, water bottle. A change of clothes for the lodge, personal First Aid Kit and medications.

REMEMBER - at the lodge you will need a torch, pillowcase, and sleeping bag. The lodge is stocked with food – except for bread, milk, biscuits, snacks, and fresh fruit. Bring what you require for your stay.

Chains and shovel are essential for drivers.

OVERDUE TRIPS

Note to parents, relatives, or friends of members on club trips

Should a club party be late in returning, please do not worry unduly as there are probably good reasons for their delay. If you are in any doubt please phone one of the following contacts:

- Trip Leader
- Chief Guide Ken Mercer ☎ 356-7497
- Minibus Ken Mercer ☎ 356-7497
- SAR advisers Hugh Wilde ☎ 356-9450 Peter Rawlins ☎ 356-7443

GENERAL TRIP INFORMATION

TRIP LEADERS

Organisers and leaders of club trips are asked to read and follow the Trip Leaders Guidelines located on the MTSC website: (http://www.mtsc.org.nz/guide-for-trip-leaders.pdf).

Intentions and participants contact information should be emailed to intentions@mtsc.org.nz. No action will be taken UNLESS a party is reported overdue (e.g. by a family member, flat-mate, friend, etc.) – see http://www.mtsc.org.nz/overdue-trips.php

An **overdue** party must, as soon as possible, telephone one of the overdue trip contacts listed above, who will access the intentions list and contact whoever is necessary to avoid unnecessary concern/action.

MANAWATU LODGE on Whakapapa Ski Field. Lodge bookings should be emailed to Liz and Hugh Wilde at lodge.bookings@mtsc.org.nz.

Payment must be made in advance by internet banking (please email first to confirm before depositing). Westpac account number 03 1521 022035300, or cash (in person) to 179 Cook Street, Palmerston North, 4410.

If for some reason you cannot email, please phone 06 356-9450 to confirm your booking. Remember that you do not have a booking until you have paid and received confirmation.

LODGE FEES* Per Night	Per Night	
	Members	Guests
Adults	\$ 36	\$ 51
Secondary school students	\$ 29	\$ 44
Primary school students	\$ 24	\$ 39
Pre-school (3-4 yrs)	\$ 11	\$ 11
Group rates on application *Prices subject to change		

MINIBUS

The club owns a 12-seat, long wheel-base Transit Van. This is available to approved drivers on club trips.



GEAR HIRE

Packs, billies, crampons, and ice axes etc. are available from the gear custodians: Peter Rawlins and Lynda Hunt ☎ 356-7443. Please phone between 7 p.m. and 9 p.m.

ANNUAL MEMBERSHIP SUBSCRIPTIONS

Adults \$35 Family \$50 Junior (under 20 yrs) \$20 (Posted newsletter subs are \$45, \$60, and \$30)



Up the Waitaha River to Ivory Lake
West Coast Conservation Estate

Photo by Mary Lund



MANAWATU

TRAMPING & SKIING CLUB

P.O. Box 245, Palmerston North

www.mtsc.org.nz

www.facebook.com/MTandSC

Summer Trip Card

November 2017 – April 2017

President	John Beech	06 354-9310
Secretary	Tim Swale	06 376-6556
Treasurer	Arthur Flint	06 356-7654
Membership Sec.	Sue Nicholson	06 357-6325
Newsletter Editor	Jean Garman	021 176-0209
Chief Guide	Ken Mercer	06 356-7497
Transit Van	Ken Mercer	06 356-7497
Social Convenor	Bob Hodgson	06 356-2915
Ski Captain	Howard Nicholson	06 357-6325
Gear Custodian	Peter Rawlins	06 356-7443
Lodge Manager	John Lyttle	027 433-6307
Lodge Bookings	Hugh & Liz Wilde	06 356-9450
MTSC Lodge	Whakapapa Ski Field	

General Committee	Mt Ruapehu	07 892-3860
	Bob Hodgson	06 356-2915
	Howard Nicholson	06 357-6325
	Karen Tutt	021 064-5918
	Linda Campbell	06 323-3836
	William Laing	06 358-4876
Web-Site Admin.	Howard Nicholson	06 357-6325

CLUB NIGHTS: 1st Tuesday of each month, Rose City Aquatic Club Rooms, 50 Park Road, PN (RHS of the pool entrance). 7:30 p.m. All welcome!

WEDNESDAY TRIPS (Easy/Med)			THURSDAY TRIPS (Medium)		
Date	Leader	Phone	Date	Leader	Phone
NOVEMBER			NOVEMBER		
1	Bob Hodgson	356-2915	2	Suzanne Clark	356-8322
8	Jill Faulkner	323-6094	9	Carolyn Brodie	358-6576
15	Maurice McDonald	357-5522	16	Craig Ross	355-3445
22	Anne West	357-5716	23	David Grant	328-7788
29	Christine Finnigan	329-7822	30	Norman Cooper	357-5531
DECEMBER			DECEMBER		
6	Marion Beadle	323-3246	7	Peter Wilson	357-2403
13	Denise/Chris Brunskill	354-2511	14	John Doolan	027 446-8740
			15	Barbecue	
JANUARY			JANUARY		
31	Sue Pither	357-3033	No one rostered for this month Contact one of the regulars!		
FEBRUARY			FEBRUARY		
7	Rita Hodson	323-5491	1	Christine Scott	354-0510
14	Coralie/Evan Davies	357-6288	8	Royce Mills	355-8556
21	Harold Pettersson	357-4248	15	John Brock	329-4834
28	Chris Teo-Sherrell	355-1816	22	Hugh Wilde	356-9450
MARCH			MARCH		
7	Bob Hargreaves	357-0734	1	David Grant	328-7788
14	Richard Hunter	357-6821	8	Judy Swainson	358-4082
21	William Laing	358-4876	15	Judith Tonson	356-4191
28	Judith/Peter Zwart	353-5087	22	Merv Matthews	357-2858
			29	Bryce & Raewyn Buddle	353-5163
APRIL			APRIL		
4	Linda Darbyshire	354-6171	5	John McLeod	323-5785
11	Rod McKenzie	357-0136	12	John & Gillian Thornley	356-9681
18	John Ridge	357-3744	19	Brian & Ruth Evans	323-7614
25	Bev Akers	325-8879	28	Chris Mercer	356-2635

TRIP GRADING (Contact the trip leader if you are unsure)

The times listed below include tramping, & rest stops. **Terrain, weather & party fitness** (a party is as fast as its slowest member) must be considered, as these factors will never repeat themselves; **times are only estimates**.

Family: Up to 2-3 hours per day at a casual pace. All ages accommodated.
EASY: 4 hours per day, pace slower than E/M. Does not relate to terrain.
EASY/MEDIUM: 5 hours per day at a pace slower than medium.
MEDIUM: 7 hours per day at a standard walking pace.
MEDIUM/FIT: 8 hours per day at a pace faster than medium.
Fit: Over 8 hours per day at a pace faster than medium/fit.
TECHNICAL: Qualifying requirements to be announced by Trip Organiser.

WEEKEND TRIPS

Date	Trip	Grade	Leader	Phone
NOVEMBER		Club Night 7th		
4-5	Rangiwahia Hut	Medium	Ken Mercer	027 364-6475
12 (Sun)	Holdsworth Area	Easy	Linda Campbell	027 333-4493
19 (Sun)	Beyond Ruapae Falls	Med/Fit	Adam Matich	022 358-8062
25-26	Kime Hut	Medium	Jenny McCarthy	021 215-2197
25-26	Lodge Work Party	All	John Lyttle	027 433-6307
DECEMBER		Club Night 5th		
2-3	Ski Tour Ruapehu	Technical	Ken Mercer	027 364-6475
2-3	Ruapehu walks	Easy/Med	Tim Swale	022 134-8384
9-10	Roaring Stag Hut	Easy/Med.	Helen Peek	021 065-0754 358-9470
9-10	Leon Kinvig Hut	Med/Fit	Adam Matich	022 358-8062
17 (Sun)	Tree Trunk Gorge	Fit	David Harrington	021 240-9056
JANUARY		No Club Night (Wellington Anniversary 20-22nd)		
7 (Sun)	Kohitere Trig – Levin	Easy	Helen Peek	021 065-0754 358-9470
28 (Sun)	Te Ekaou Stream	Fit	David Harrington	021 240-9056
FEBRUARY		Club Night 6th (Waitangi Day)		
3-6	Queen Charlotte Walkway	Med/Fit	Adam Matich	022 358-8062
3-6	Lodge Work Party	All	John Lyttle	027 433-6307
10-11	McKinnon Hut	Med/Fit	Jean Garman	021 176-0209
17-18	Somes Island and Wellington Walks	Easy	Linda Campbell	027 333-4493
17-18	East Waitewaewae River	Fit	David Harrington	021 240-9056
24-25	Mangahao Flats Work Party	Medium	Jean Garman	021 176-0209
MARCH		Club Night 6th (Easter 30th-2nd)		
3 (Sat)	Top Gorge Hut	Med/Fit	Adam Matich	022 358-8062
3-4	Manawatu SAREX			
10-11	Makaroro River Trip	Medium	Howard Nicholson	027 294-1941
17-18	Bush Craft Course	Easy	Tim Swale	022 134-8384
17-18	Dundas Hut <i>via</i> Harris Crk	Fit	Garry Grayson	027 269-5934
24-25	Taranaki Walks	Easy/Med	Linda Campbell	027 333-4493
30-2	Lodge Work Party	All	John Lyttle	027 433-6307
APRIL		Club Night 3rd (ANZAC Day 25th)		
1 (Sun)	Tour de Palmerston North (Cycling)	Easy	Karen Tutt	021 064-5918
14 (Sat)	Waihohonu Loop	Med/Fit	Adam Matich	022 358-8062
21-22	Howlett's Hut	Medium	Garry Grayson	027 269-5934
25 (Wed)	Castle Rock	Medium	Jenny McCarthy	021 215-2197

WEDNESDAY TRIPS (Easy/Med)			THURSDAY TRIPS (Medium)		
Date	Leader	Phone	Date	Leader	Phone
NOVEMBER			NOVEMBER		
1	Bob Hodgson	356-2915	2	Suzanne Clark	356-8322
8	Jill Faulkner	323-6094	9	Carolyn Brodie	358-6576
15	Maurice McDonald	357-5522	16	Craig Ross	355-3445
22	Anne West	357-5716	23	David Grant	328-7788
29	Christine Finnigan	329-7822	30	Norman Cooper	357-5531
DECEMBER			DECEMBER		
6	Marion Beadle	323-3246	7	Peter Wilson	357-2403
13	Denise/Chris Brunskill	354-2511	14	John Doolan	027 446-8740
			15	Barbecue	
JANUARY			JANUARY		
31	Sue Pither	357-3033	No one rostered for this month Contact one of the regulars!		
FEBRUARY			FEBRUARY		
7	Rita Hodson	323-5491	1	Christine Scott	354-0510
14	Coralie/Evan Davies	357-6288	8	Royce Mills	355-8556
21	Harold Pettersson	357-4248	15	John Brock	329-4834
28	Chris Teo-Sherrell	355-1816	22	Hugh Wilde	356-9450
MARCH			MARCH		
7	Bob Hargreaves	357-0734	1	David Grant	328-7788
14	Richard Hunter	357-6821	8	Judy Swainson	358-4082
21	William Laing	358-4876	15	Judith Tonson	356-4191
28	Judith/Peter Zwart	353-5087	22	Merv Matthews	357-2858
			29	Bryce & Raewyn Buddle	353-5163
APRIL			APRIL		
4	Linda Darbyshire	354-6171	5	John McLeod	323-5785
11	Rod McKenzie	357-0136	12	John & Gillian Thornley	356-9681
18	John Ridge	357-3744	19	Brian & Ruth Evans	323-7614
25	Bev Akers	325-8879	28	Chris Mercer	356-2635

TRIP GRADING (Contact the trip leader if you are unsure)

The times listed below include tramping, & rest stops. **Terrain, weather & party fitness** (a party is as fast as its slowest member) must be considered, as these factors will never repeat themselves; **times are only estimates**.

Family: Up to 2-3 hours per day at a casual pace. All ages accommodated.
EASY: 4 hours per day, pace slower than E/M. Does not relate to terrain.
EASY/MEDIUM: 5 hours per day at a pace slower than medium.
MEDIUM: 7 hours per day at a standard walking pace.
MEDIUM/FIT: 8 hours per day at a pace faster than medium.
Fit: Over 8 hours per day at a pace faster than medium/fit.
TECHNICAL: Qualifying requirements to be announced by Trip Organiser.

WEEKEND TRIPS

Date	Trip	Grade	Leader	Phone
NOVEMBER		Club Night 7th		
4-5	Rangiwahia Hut	Medium	Ken Mercer	027 364-6475
12 (Sun)	Holdsworth Area	Easy	Linda Campbell	027 333-4493
19 (Sun)	Beyond Ruapae Falls	Med/Fit	Adam Matich	022 358-8062
25-26	Kime Hut	Medium	Jenny McCarthy	021 215-2197
25-26	Lodge Work Party	All	John Lyttle	027 433-6307
DECEMBER		Club Night 5th		
2-3	Ski Tour Ruapehu	Technical	Ken Mercer	027 364-6475
2-3	Ruapehu walks	Easy/Med	Tim Swale	022 134-8384
9-10	Roaring Stag Hut	Easy/Med.	Helen Peek	021 065-0754 358-9470
9-10	Leon Kinvig Hut	Med/Fit	Adam Matich	022 358-8062
17 (Sun)	Tree Trunk Gorge	Fit	David Harrington	021 240-9056
JANUARY		No Club Night (Wellington Anniversary 20-22nd)		
7 (Sun)	Kohitere Trig – Levin	Easy	Helen Peek	021 065-0754 358-9470
28 (Sun)	Te Ekaou Stream	Fit	David Harrington	021 240-9056
FEBRUARY		Club Night 6th (Waitangi Day)		
3-6	Queen Charlotte Walkway	Med/Fit	Adam Matich	022 358-8062
3-6	Lodge Work Party	All	John Lyttle	027 433-6307
10-11	McKinnon Hut	Med/Fit	Jean Garman	021 176-0209
17-18	Somes Island and Wellington Walks	Easy	Linda Campbell	027 333-4493
17-18	East Waitewaewae River	Fit	David Harrington	021 240-9056
24-25	Mangahao Flats Work Party	Medium	Jean Garman	021 176-0209
MARCH		Club Night 6th (Easter 30th-2nd)		
3 (Sat)	Top Gorge Hut	Med/Fit	Adam Matich	022 358-8062
3-4	Manawatu SAREX			
10-11	Makaroro River Trip	Medium	Howard Nicholson	027 294-1941
17-18	Bush Craft Course	Easy	Tim Swale	022 134-8384
17-18	Dundas Hut <i>via</i> Harris Crk	Fit	Garry Grayson	027 269-5934
24-25	Taranaki Walks	Easy/Med	Linda Campbell	027 333-4493
30-2	Lodge Work Party	All	John Lyttle	027 433-6307
APRIL		Club Night 3rd (ANZAC Day 25th)		
1 (Sun)	Tour de Palmerston North (Cycling)	Easy	Karen Tutt	021 064-5918
14 (Sat)	Waihohonu Loop	Med/Fit	Adam Matich	022 358-8062
21-22	Howlett's Hut	Medium	Garry Grayson	027 269-5934
25 (Wed)	Castle Rock	Medium	Jenny McCarthy	021 215-2197